

# ARE YOU AWARE OF APS?

Antiphospholipid syndrome (APS) is a life-threatening autoimmune condition that can cause strokes, heart attacks, DVTs and blood clots in the lung.

In pregnancy, APS is the most important treatable cause of recurrent miscarriage, and it is also associated with stillbirth, pre-eclampsia and premature babies.

**1 IN 6**  
STROKES

under the age  
of 50 are caused  
by APS

**1 IN 6**  
HEART  
ATTACKS

under the age  
of 50 are caused  
by APS

**3**  
YEARS

is the average  
time it takes for a  
diagnosis of APS

**34**  
YEARS

the average age a  
person is diagnosed  
with APS

**3**  
MISCARRIAGES

before women are  
tested for APS

**5**  
TIMES

the increased risk  
of stillbirth for a  
woman with APS

**EARLY  
DIAGNOSIS**


can prevent  
devastating  
consequences

**LUPUS**

is commonly  
associated with  
APS

Connect with us

↘ @APSupportUK 

<https://www.facebook.com/APSupportUK/> 



**APS Support UK**  
For people with antiphospholipid syndrome

**aps-support.org.uk**  
**0300 323 9943**

Registered charity 1138116. Copyright 2018